

Female Patient Information

| Name: | | |
|--------------------------------------|----------------------------------|---------------------------------|
| Last | First | Middle |
| Today's Date: | | |
| Date of Birth: | Social Security #:_ | |
| Address: | | |
| City: | | |
| Phone Numbers: Home: | Cell: | |
| E-mail Address for office use only | will not be shared: | |
| Patient employed by: | | |
| Business Address: | | |
| Business Phone: | | |
| Marital Status:(Please circle) Marri | ed Divorced Single Wide | w Living with significant other |
| Spouse's Name: | | |
| Spouse's Date of Birth: | Social Securi | ity #: |
| Spouse employed by: | Busin | ess Phone: |
| In case of emergency, whom should | d we notify: | |
| Emergency Phone Numbers: | | |
| Is it ok to leave a message with lab | work results on your voice-n | nail: (please circle) Yes No |
| What phone number would you like | e us to call with lab results ar | nd/or appointment reminders? |
| Phone #: | | |

Payment is due at time of service.

Payment types accepted: Cash, Check, Visa, Mastercard, Discover and American Express What is your primary health concern or reason for this appointment?

OB / GYN HISTORY

| 1. | Are you sexually active? | \square Yes | \square No |
|-----|---|---------------|--------------|
| 2. | Have you been sexually active? | \square Yes | \square No |
| 3. | Do you have pain with intercourse? | \square Yes | \square No |
| 4. | Are you now or have you in the past used contraception? | \square Yes | \square No |
| | If yes, what form: | | |
| 5. | Dates of last pap smear: | | |
| 6. | Have you ever had abnormal pap smears? | □ Yes | \square No |
| | If yes, how was it treated? Please check below: | | |
| | \square Repeated Pap Smear \square Colposcopy \square Laser Surgery | ☐ Cone Bio | osy |
| | \square Cryosurgery (freezing) \square Hysterectomy \square Loop Incision | | |
| 7. | Have you had a mammogram? | \square Yes | \square No |
| | If yes, was it normal? | \square Yes | \square No |
| | Date of last mammogram: | | |
| 8. | Do you have any breast lumps, tenderness or discharge? | \square Yes | \square No |
| 9. | Do you have any PMS symptoms? | \square Yes | \square No |
| | If yes, any treatment? | | |
| 10. | Do you have any hot flashes or menopausal symptoms? | \square Yes | \square No |
| 11. | Do you have any uterine anomalies? | \square Yes | \square No |
| 12. | If you no longer have periods, please state reason: | | |
| 13. | Are your periods regular? | \square Yes | \square No |
| 14. | Do you have any bleeding between periods? | □ Yes | \square No |
| 15. | Do you have any cramping with your periods? | \square Yes | \square No |
| | If yes, circle one: mild moderate severe | | |
| 16. | Medicine taken for cramps? | | |

| 17. | Do you have problems leaking urine? | □ Yes | \square No |
|-----|---|-------|--------------|
| 18. | Do you have: | | |
| | Fatigue? | □ Yes | \square No |
| | Decrease of memory? | □ Yes | \square No |
| | Decrease of energy level? | □ Yes | \square No |
| | Decrease of sexual drive? | □ Yes | \square No |
| 19. | Do you suffer from: | | |
| | Anxiety? | □ Yes | \square No |
| | Irritability? | □ Yes | \square No |
| | Mood swings? | □ Yes | \square NO |
| | Migraines? | □ Yes | \square No |
| 20. | How have you dealt with these symptoms? | | |
| | | | |
| 21. | Is your sex drive the same as it was five years ago? Describe: | □ Yes | □ No |
| 22. | List any other sexual dysfunctions: | | |
| | | | |
| 23. | Have you experienced weight gain in the last one - two years? If yes, why? | □ Yes | □ No |
| 24. | Have you lost greater than 10 pounds in less than a month? If yes, why? | □ Yes | □ No |
| | y y · · · · · y · · | | |

25. List current medications:

| 6. | How often does your doctor recommend that you have a Pap | o smear? | |
|----|--|---------------|--------------|
| 7. | How often does your doctor recommend that you have a ma | mmogram? | |
| | PAST MEDICAL HISTORY | | |
| | Do you have diabetes? | □ Yes | □ No |
| | Do you have/had hypertension? | \square Yes | \square No |
| | Do you have heart disease? | \square Yes | \square No |
| | Do you have a heart murmur? | \square Yes | \square No |
| • | Do you have/had kidney disease? | □ Yes | \square No |
| | Have you ever been treated for psychiatric problems? | □ Yes | \square No |
| | Have you ever had rheumatic fever? | □ Yes | \square No |
| | Do you have mitral valve prolapse? | □ Yes | \square No |
| | Have you ever had a urinary tract infection? | \square Yes | \square No |
| 0. | Have you ever had hepatitis/liver disease? | □ Yes | \square No |
| 1. | Have you ever had varicosities/phlebitis? | \square Yes | \square No |
| 2. | Do you have any thyroid problems? | \square Yes | \square No |
| 3. | Have you had any major accidents? | □ Yes | \square No |
| 4. | Have you ever had any blood transfusions? | □ Yes | \square No |
| 5. | Do you have asthma/lung disease? | □ Yes | \square No |
| 6. | Do you have lupus, Scleroderma or similar diseases? | \square Yes | \square No |
| | If yes, please describe: | | |

| 17. | Do you have arthritis? | \square Yes | \square No |
|-----|---|------------------|--------------|
| | If yes, what type: | | |
| 18. | Do you have any Drug Allergies? | \square Yes | \square No |
| | If yes, please list: | | |
| 19. | List any surgeries: | | |
| | | | |
| | | | |
| 20 | | 0 | |
| 20. | List any other operations/hospitalizations (include | year & reason): | |
| | - | | |
| | | | |
| 21. | Have you had any anesthesia complications? | □ Yes | □ No |
| | If yes, please list: | | |
| 22. | Have you ever been anemic? | □ Yes | \square No |
| 23. | Do you have an Internist or Family Doctor? | □ Yes | \square No |
| | If yes, please list name and phone number: | | |
| 24. | Have you had your cholesterol checked? | □ Yes | \square No |
| | If yes, date last checked: | | |
| | Was it normal? | \square Yes | \square No |
| | | | |
| | SOCIAL HISTO | ORY | |
| 1. | Do you smoke cigarettes? | □ Yes | □ No |
| | If yes, number per day? | Number of years? | |
| 2. | Do you drink alcohol? | □ Yes | \square No |
| | If yes, how much per day? | | |

FAMILY HISTORY

| 1. | Do you have a family history of breast cancer? | □ Yes | \square No |
|----|--|---------------|--------------|
| | If yes, whom? | | |
| 2. | Do you have a family history of colon cancer? | □ Yes | \square No |
| | If yes, whom? | | |
| 3. | Do you have a family history of ovarian cancer? | □ Yes | \square No |
| | If yes, whom? | | |
| 4. | Do you have a family history of osteoporosis? ☐ Yes | \square No | |
| | If yes, whom? | | |
| 5. | Do you have a family history of diabetes? \Box Yes | \square No | |
| | If yes, whom? | | |
| 6. | Do you have a family history of hypertension? | \square Yes | \square No |
| | If yes, whom? | | |
| 7. | Do you have a family history of heart disease? | □ Yes | \square No |
| | If yes, whom? | | |
| 8. | Do you have a family history of kidney disease? | □ Yes | \square No |
| | If yes, whom? | | |



FEMALE SYMPTOM CHECKLIST

| Name: | |] | Date: | | |
|-------|---|------------|--------|-------|--|
| | Which of the following symptoms apply to you at this time? Please mark the appropriate oval for each symptom. | | | | |
| | | Frequently | Rarely | Never | |
| 1. | Hot flashes, sweating | | | | |
| 2. | Night Sweats | | | | |
| 3. | Depression | | | | |
| 4. | Irritability | | | | |
| 5. | Anxiety | | | | |
| 6. | Decreased energy | | | | |
| 7. | Decreased sexual desire | | | | |
| 8. | Urine leakage when you cough/sneeze | | | | |
| 9. | Vaginal dryness | | | | |
| 10. | Pain with Intercourse | | | | |

| 11. | Muscle or joint pain | | | |
|--------|-----------------------------------|-----|----|--|
| 12. | Sleeping Problems | | | |
| 13. | Difficulty concentrating | | | |
| 14. | Foggy thinking | | | |
| 15. | Mood swings | | | |
| 16. | Migraines | | | |
| 17. | Decreased stamina | | | |
| 18. | Irregular menstruation | | | |
| 19. | Cold body temperature | | | |
| 20. | Difficulty losing weight | | | |
| 21. | Elevated triglycerides | | | |
| 22. | Elevated cholesterol | | | |
| Do y | ou have any other major symptoms? | Yes | No | |
| If yes | s, please describe: | | | |
| | | | | |
| | | | | |
| | | | | |



Acknowledgement of Rejuvene's Policy on Insurance Billing

Unlike most medical practices, Rejuvene does not have an insurance or billing department. Because we have chosen to not engage in insurance or patient billing, we do not have to carry the expense that an insurance/patient billing department incurs - an expense that is ultimately passed down to the patient. This is why we require payment at the time of service.

As a patient of Rejuvene, you are free to submit your own claim to your insurance provider, although in our experience, common insurance providers do not reimburse for BHRT. Most insurance companies are used to reimbursing claims to the physician practice, and therefore make many inquires directly to the physician, requesting medical records and other documentation. Because we do not have an insurance/billing department to handle these requests, we leave the management of your claim to you. If you need copies of your medical records to assist your insurance provider in processing your claim, we are happy to assist you upon receipt of a written request from you our patient (please allow 7-10 days for processing).

I acknowledge that I have reviewed the above stated policy.

| I aucht Bighatui t | Patient | Signature |
|--------------------|----------------|-----------|
|--------------------|----------------|-----------|