



## MALE SYMPTOM CHECKLIST

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Which of the following symptoms apply to you at this time? Please mark the appropriate one for each symptom.

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Excessive sweating   | <input type="checkbox"/> Lack of motivation       | <input type="checkbox"/> Sleeping problems        |
| <input type="checkbox"/> Night sweats         | <input type="checkbox"/> Difficulty concentrating | <input type="checkbox"/> Migraines                |
| <input type="checkbox"/> Depression           | <input type="checkbox"/> Foggy thinking           | <input type="checkbox"/> Cold body temperature    |
| <input type="checkbox"/> Irritability         | <input type="checkbox"/> Mood swings              | <input type="checkbox"/> Difficulty losing weight |
| <input type="checkbox"/> Anxiety              | <input type="checkbox"/> Decreased sexual desire  | <input type="checkbox"/> Reduced muscle mass      |
| <input type="checkbox"/> Decreased energy     | <input type="checkbox"/> Erectile dysfunction     | <input type="checkbox"/> Reduced bone mass        |
| <input type="checkbox"/> Burned out feeling   | <input type="checkbox"/> Decreased a.m. erections | <input type="checkbox"/> Blood sugar issues       |
| <input type="checkbox"/> Decreased stamina    | <input type="checkbox"/> Prostate problems        | <input type="checkbox"/> Infertility issues       |
| <input type="checkbox"/> Muscle or joint pain | <input type="checkbox"/> Decreased beard growth   |   |

Do you have any other major symptoms? If yes, please describe:

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Phone: (859) 429-3333  
Fax: (859) 869-0248  
Email: [jroark@rejuveneyouth.com](mailto:jroark@rejuveneyouth.com)